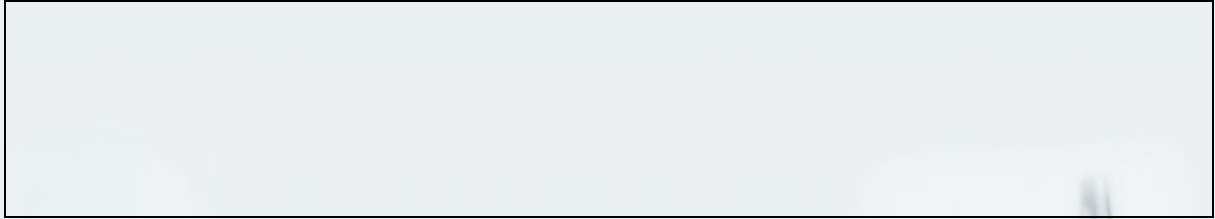


WORKSHEET

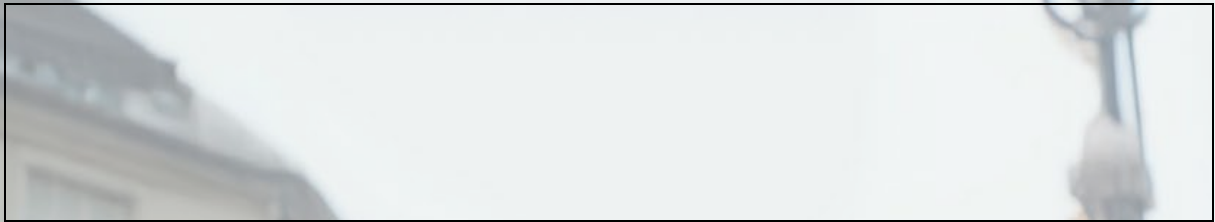
You've just watched One Way o Paris. You saw how Meike was feeling and what steps she took to be in Paris anyway. Was that a brave action on Meike's part, or was it actually not a smart decision? What do you think?

Fill in the questions below to help organize your thoughts.

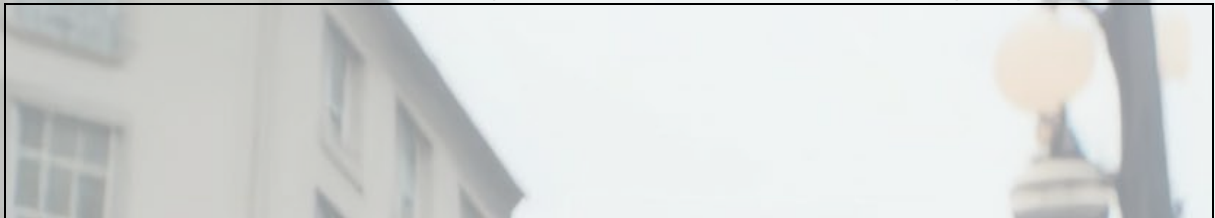
Can you briefly describe what happened in the film?



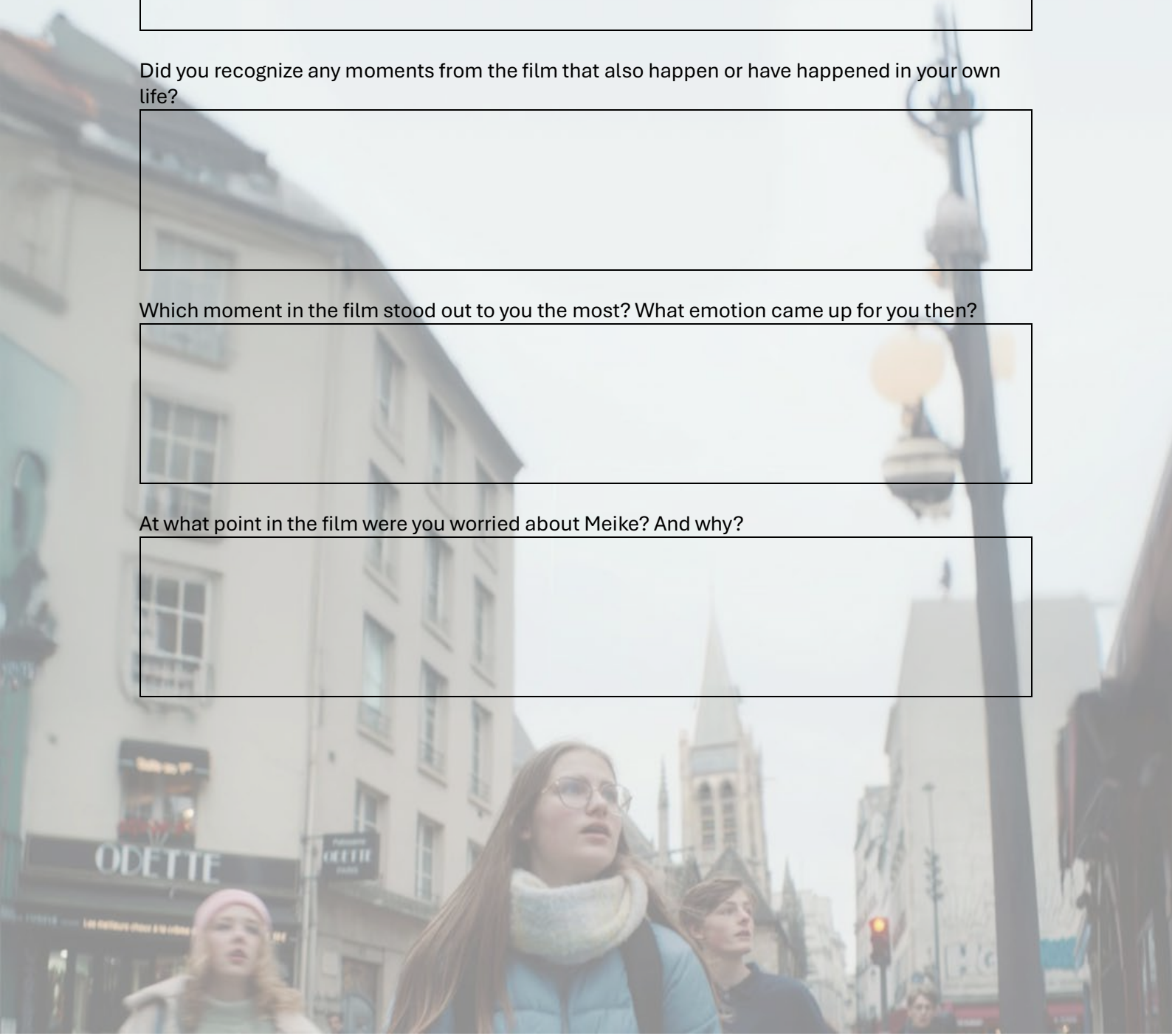
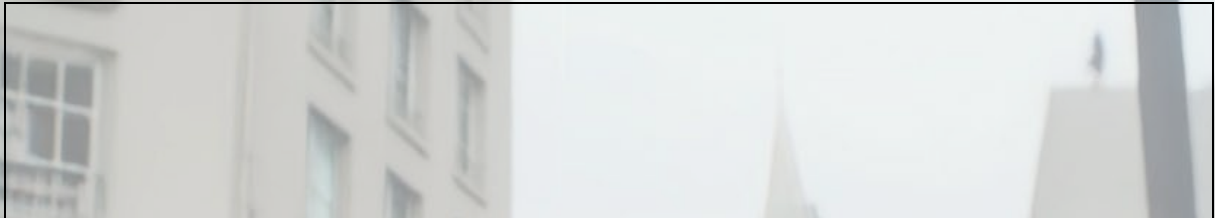
Did you recognize any moments from the film that also happen or have happened in your own life?



Which moment in the film stood out to you the most? What emotion came up for you then?



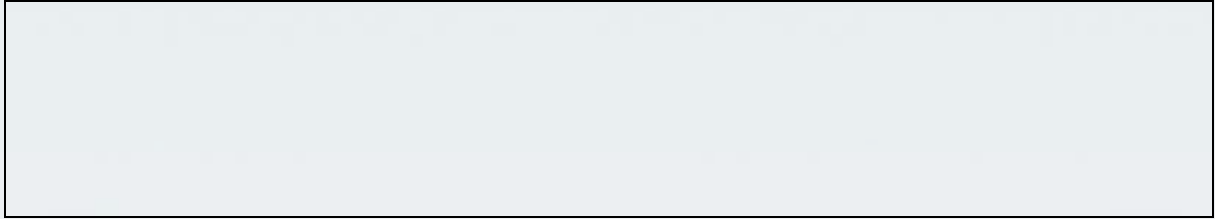
At what point in the film were you worried about Meike? And why?



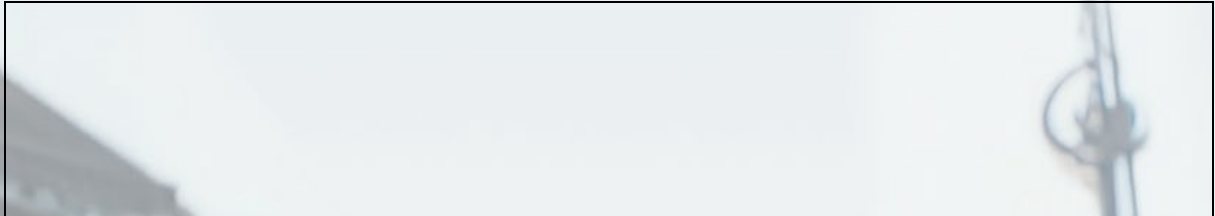
Do you ever worry about someone? What do you do in that situation?



In what ways are you there for your friends? Would you travel after your friend like what happened in the film?



What would you want to say to one of the characters if they were standing in front of you?



If you'd like more *One Way To Paris*, you can visit:

👉 www.enkeltjeparijs.nl/community

- There you'll find the podcast *One Way To Paris: Behind the Scenes*, featuring the lead actors. They share their personal stories and how the film has helped them with their mental health.
- You'll also see videos of well-known Dutch personalities talking about their experiences with the film.
- You can also choose to talk anonymously with someone about your own story. We hope you feel comfortable sharing your story with the people around you, but we understand that's not always easy. If you talk often with a friend about these things, make sure that an adult also knows what you're going through. This could be a parent, a teacher, your sports coach—any adult you trust and feel safe with.

We'd love to welcome you to the *One Way To Paris* community.

